

Great River Homes, Inc.

8th Street

July Newsletter

July was a wonderful month filled with family visits, camp adventures, summer activities, and plenty of opportunities to spend time together. Even when the weather didn't cooperate, everyone found ways to make the most of the month and enjoy all that summer has to offer.

Kris was excited to be able to travel again and returned home after a long visit with family. She also spent a week at camp and came back with plenty of stories to share about her adventures. Kris and Jenny have also been consistently participating in water aerobics, an activity they both really enjoy. Jenny had her own opportunity to spend time at camp and enjoyed the experience.

KayRine continues to stay busy and connected in the community. Each week, she spends time with her volunteer, often enjoying shopping trips and going out to eat. She also attends church most Sundays with another volunteer. Fresh Start remains an important part of her routine, giving her a chance to get some exercise while enjoying the camaraderie of others. KayRine also spent a week at camp this month and returned home with many stories to tell.

Lindsay continues to enjoy spending her weekends at home with family. She also enjoys baking with her roommate, making for some fun and tasty time together. At the house, everyone has enjoyed occasionally welcoming guests on Thursdays for games and a meal, providing another great opportunity for friendship and laughter.

The Fourth of July brought plenty of rain during the fireworks, but everyone still made the best of the celebration and enjoyed the holiday despite the wet weather. Overall, July was filled with memorable experiences, time with family and friends, and lots of summer fun. We look forward to seeing what new adventures and special moments the rest of the summer will bring!









This newsletter segment will hopefully help you learn more about Great River Homes, Inc. Here we will discuss agency processes, things that affect us, and ways you can help.

Albert Einstein, an incredibly brilliant physicist, commented that, “The laws of physics should be simple; if they were not, I would not be interested in them.” Though Einstein understood areas of physics that most of us can’t even begin to fathom, he also understood the power of profound simplicity.

Profound simplicity occurs when our thought process moves past immature and simplistic thinking; profound simplicity occurs when our thought process moves past overly complex thinking and topics which would distract us from focusing on critical areas. Profound simplicity occurs when a person sifts through information about the area in question and then thinks long and deep enough to distil what is invaluable important; distracting and less significant information is then discarded.

The concept of profound simplicity is a valuable tool in the process of supporting Lindsay, KayRine, Kris, and Jenny in living their best lives. Profound simplicity is best achieved when a wide cross-section of team members assesses questions about what is most important for each individual in areas such as daily skills and leisure activities. Profound simplicity is best achieved when the entire team creatively explores simple but effective ways to support individuals in managing their stress and associated behavior. Profound simplicity is best achieved when team members and medical personnel are able to precisely identify health concerns as well as the vital area to focus on which will maintain or improve the health of individuals.

In part due to his prioritization of profound simplicity and his determined effort to achieve it, Albert Einstein was one of the most creative, influential, and impactful men of the twentieth century. Starting today, how can each of us prioritize and cultivate profound simplicity as we seek to more effectively support Lindsay, KayRine, Kris, and Jenny?

Jerry McMillin
Development and Education Manager

