Great River Homes, Inc.
12th Street
March Newsletter

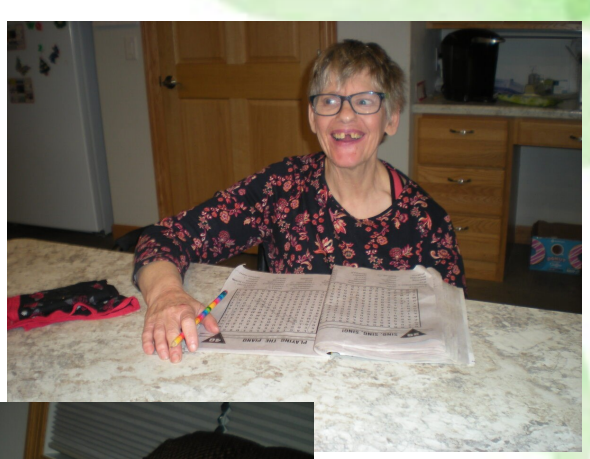
The month of march was filled with new experiences and time spent with family and friends. The ladies at 12th Street enjoyed some once in a lifetime vacations and some fun events out of the house. Everyone is looking forward to the warmer weather and spending time outside getting fresh air and sunshine!

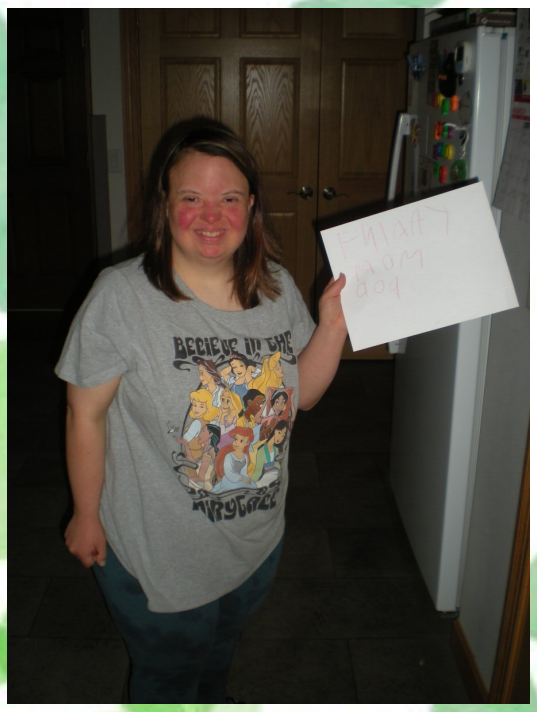
Suzanne had an adventurous month! She went on a relaxing and pampering cruise with her sisters. She was able to take in all the sights, cuisine, and sunshine in Texas, Florida, and Mexico. She also had a blast attending the play Shrek the Musical in the cities with some of her friends.

Mary also enjoyed some adventure this month! She was able to take a trip with her family to Arizona. She was delighted to be able to soak in the sunshine and spend some much needed time with her family. Upon returning home she was happy to see her friends again while they attended the Fresh Start Exercise Program together.

Vicki went to go see the movie Imaginary. The movie was full of suspense and had her on the edge of her seat. She had a delightful meal going out to eat at Burger King.

Jo had a wonderful outing attending Community Ed in Red Wing. She had some luck on her side while playing a game of bingo and won! She was able to get some pampering in at Styling on the River getting her haircut from her old classmate. She enjoyed the new Kung Fu Panda 4 movie and had lots of laughs.





Oscar Mayer

SHREK
THE MUSICAL
KEEP OUT
NO FREAKS ALLOWED
Twins
UNLABELED THEATRE CO
www.unlabeledtheatre.org

This newsletter segment will hopefully help you learn more about Great River Homes, Inc. Here, we'll discuss agency processes, things that affect us, and ways you can help.

While most humans have excellent hearing, many members of the animal kingdom have a far superior capacity for hearing. A dog can distinguish specific sounds originating from ½ mile away and thus be at the door to greet you as you pull into the driveway. In a relatively quiet room, a dog can hear your heartbeat. While having a superior hearing capacity is great, as we all know, there is a vital difference between merely hearing and actively listening.

It has been said: "Listening liberates energy." Team members continually strive to develop active listening skills knowing that doing so will liberate Mary, Suzanne, Jo, and Vicki 's energy to share what is fun and important to each of them and help each person live their best life.

It has been said: "Listen with the intensity most people reserve for speaking." Another one of the goals of team members is to learn to listen with intensity. Team members need to decode body language, mannerisms, actions, and seemingly meaningless comments that communicate the needs and desires of Mary, Suzanne, Jo, and Vicki.

A guiding principle for team members is: "To know the heart of a person and imagine the world to be a better place for them." Team members seek to develop their listening skills and associated empathy to the point where they can, in a sense, hear the heartbeat of the individual they are interacting with.

Jerry McMillin

Development and Education Manger